

Tuscan shores and dolce vita

From **4/9/2023**
to **11/9/2023**

Ship: **LE BOUGAINVILLE**

From **Nice**
to **Livorno**



Board *Le Bougainville* for an **8-day** cruise to discover the wonders of the Italian shores and enjoy a taste of *la dolce vita*.

Setting sail from **Nice**, your ship will make its way to the **Italian Riviera** and **Portofino**. Built in a natural harbour protected by a pine forest, it is a picturesque and lively port that has successfully retained its authenticity and traditions.

Le Bougainville will then set a course for the stunning region of **Cinque Terre**. From the sea, you will discover the landscapes of villages perched along the rugged coast of the Italian Riviera before calling at **Porto Venere**, a small fishing village with undeniable charm.

Your next port of call will be **Portoferraio**, a small corner of paradise on the island of Elba, where Napoleon spend many days in exile.

Then your ship will sail to the Amalfi Coast, the jewel of southern Italy, where you will discover **Salerno**, a beautiful little town famous for its *Duomo*.

You will then call in **Porto Santo Stefano**, a town built along a hillside and surrounded by a 17th century fortress.

You will continue to sail along the Tuscan shoreline to **Livorno**, a port city famous for its Renaissance fortifications, the final stop on your trip to these lands brimming with history.



The information in this document is valid as of 6/7/2022

Tuscan shores and dolce vita

YOUR STOPOVERS :

NICE

Embarkation 4/9/2023 from 4:00 pm to 5:00 pm

Departure 4/9/2023 at 6:00 pm

Capital of the Cote d'Azur, Nice is surrounded by an amphitheatre of hills and mountains that protects it from the wind. You will probably want to explore the Promenade des Anglais, where you can sit on one of the famous blue chairs laid out opposite the baie des Anges. The Château hill is also a very pleasant place to walk. This is the entrance to the **old city**, with its bustling markets and regional products along the main street, the Cours Saleya.

PORTOFINO

Arrival 5/9/2023 midday

Departure 5/9/2023 late evening

Close to the Cinque Terre, **Portofino** is the jewel of the **Ligurian Riviera**. This "small village that stretches like a half moon around a silent basin", described by Guy de Maupassant, is today a pretty, lively little port that has managed to preserve the authenticity of its maritime traditions, which have been recognised since Ancient times. Built in the hollow of a small natural cove sheltered by the pine forest, the village is at the heart of a **protected maritime reserve**. The shimmering colours of its house fronts and the exceptional location of this village have inspired many authors and artists. You will also see the **Portofino lighthouse**, immaculate in its green setting. Perched on the **Punta del Capo**, it watches over the peninsula and its postcard setting.

SAILING OFF CINQUE TERRE

Arrival 6/9/2023

Departure 6/9/2023

The **Ligurian coast** will reveal the splendour of its contours as you sail along its abrupt landscapes facing the Mediterranean Sea. Listed as a **UNESCO World Heritage site** and a **national park** since 1999, the five villages of Riomaggiore, Manarola, Corniglia, Vernazza et Monterosso distil their charm and their uniqueness.

PORTO VENERE

Arrival 6/9/2023 midday

Departure 6/9/2023 early evening

Located on the magnificent chiselled coast of Liguria, to the north-west of the Italian peninsula, **Portovenere** is an unusual little fishing village. Clinging to the southernmost tip of the **Cinque Terre National park**, this charming town benefits from an exceptional location, at the mouth of the gulf of La Spezia. As soon as you set foot on land, you will be mesmerised by the pastel shades of the buildings. Via Capellini is its lively and welcoming main street, brimming

with shops and restaurants. At the end of a long promenade, a steep road leads to **Doria castle**. Below, on its rocky spur, **the Church of Saint Peter** offers a splendid view of **Palmaria island**.

PORTOFERRAIO, ELBA

Arrival 7/9/2023 early morning

Departure 7/9/2023 late afternoon

In the elbow of a creek on the northern coastline of **Elba Island**, a small corner of paradise awaits in the form of **Portoferraio**. As you approach its coastlines, you will make out the powerful and majestic contours of its **Medici fortresses**. **Napoleon Bonaparte** spent many of his 300 days in exile here. The **Palazzina dei Mulini**, his first imperial residence, whose gardens offer outstanding views of the sea, is a must-see. Historical treasures are followed by another kind of treasure, namely white sand beaches, and equally tempting local specialities including gurguglione and rice with cuttlefish ink.

GAETA

Arrival 8/9/2023 midday

Departure 8/9/2023 early evening

Gaeta takes its name from the legend of the nanny of Aeneas. This illustrious relationship can be seen in the nobility of this old town, built on a peninsula, at the end of a headland. In Roman times, Gaeta was already a renowned seaside destination; it fell under Byzantine domination then became an autonomous duchy and an independent republic. The fortifications that surround this ancient fort remind us of this rich history, as does **the cathedral** bell tower, an elegant building of both Roman and Moor influence, decorated with ceramic in the style of bell-towers of Amalfi.

SALERNO

Arrival 9/9/2023 early morning

Departure 9/9/2023 late afternoon

Generating a veritable explosion of intense emotions, the province of **Salerno** fascinates and enchants travellers. Its fascinating history will lead you to the extraordinary archaeological site of Pompeii, whose sprawling ruins provide a grandiose and moving vision of what a Roman city looked like in Imperial times. The city which was frozen in time under the ashes from the eruption of Mont Vesuvius offers you its peerless historical and cultural wealth, as well as the unique beauty of its location, which has earned it classification as a UNESCO World Heritage Site.

PORTO SANTO STEFANO

Arrival 10/9/2023 midday

Departure 10/9/2023 late afternoon

In Southern Tuscany, **Porto Santo Stefano**, a charming seaside resort located on the Monte Argentario peninsula, is renowned for its enchanting setting. Nestling on the side of a hill, the small town offers beautiful sandy beaches with crystal-clear water and a picturesque town centre. Stroll around its steep alleyways lined with coloured houses and discover **La Rocca**, a Spanish fortress built in the 17th century to protect the town against pirate attacks. There, you

can enjoy a stunning view over the port and the **Gulf of Talamone**.

LIVORNO

Arrival 11/9/2023 early morning

Disembarkation 11/9/2023 at 7:00 am

On the ligurian coast, **Livorno** invites us to **Tuscany**, a charming region offering **archaeological vestiges, Renaissance treasures**, undulating landscapes and a pleasant way of life. When the **Medicis** arrived in the 16th century they developed the city, which became **one of the most important ports in the Mediterranean**. Cosmopolitan and multireligious, Livorno has welcomed many immigrants and is a wonderful example of cultural diversity. Built during that period, **Fortezza Vecchia** and **Fortezza Nuova** attest to the city's power. At the foot of the new fort, **Nuova Venezia** is an enchanting district with small canals and streets to stroll along to discover a few architectural treasures, such as the magnificent Santa Caterina da Siena church in the Tuscan baroque style.