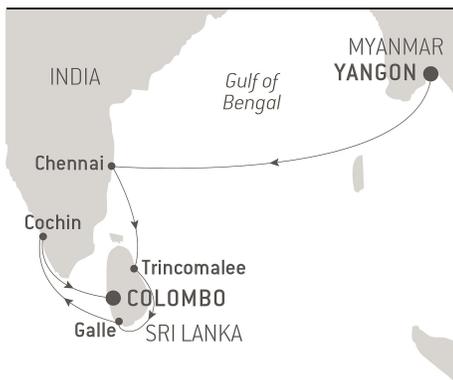


Myanmar, India & Sri Lanka

From **7/12/2020**
to **20/12/2020**

Ship: **LE LAPÉROUSE**

From **Yangon**
to **Colombo**



With this brand-new itinerary, **PONANT** invites you to discover the wonders of Asia, during a **14-day cruise** through the **Bay of Bengal**. From **Myanmar** to **Sri Lanka**, fall under the spell of these eastern lands marked by Buddhist and Hindu traditions.

In **Myanmar** you will board *Le Lapérouse* in **Yangon**, the nation's former capital, home to the magnificent **Shwedagon Pagoda**, the country's most revered religious shrine.

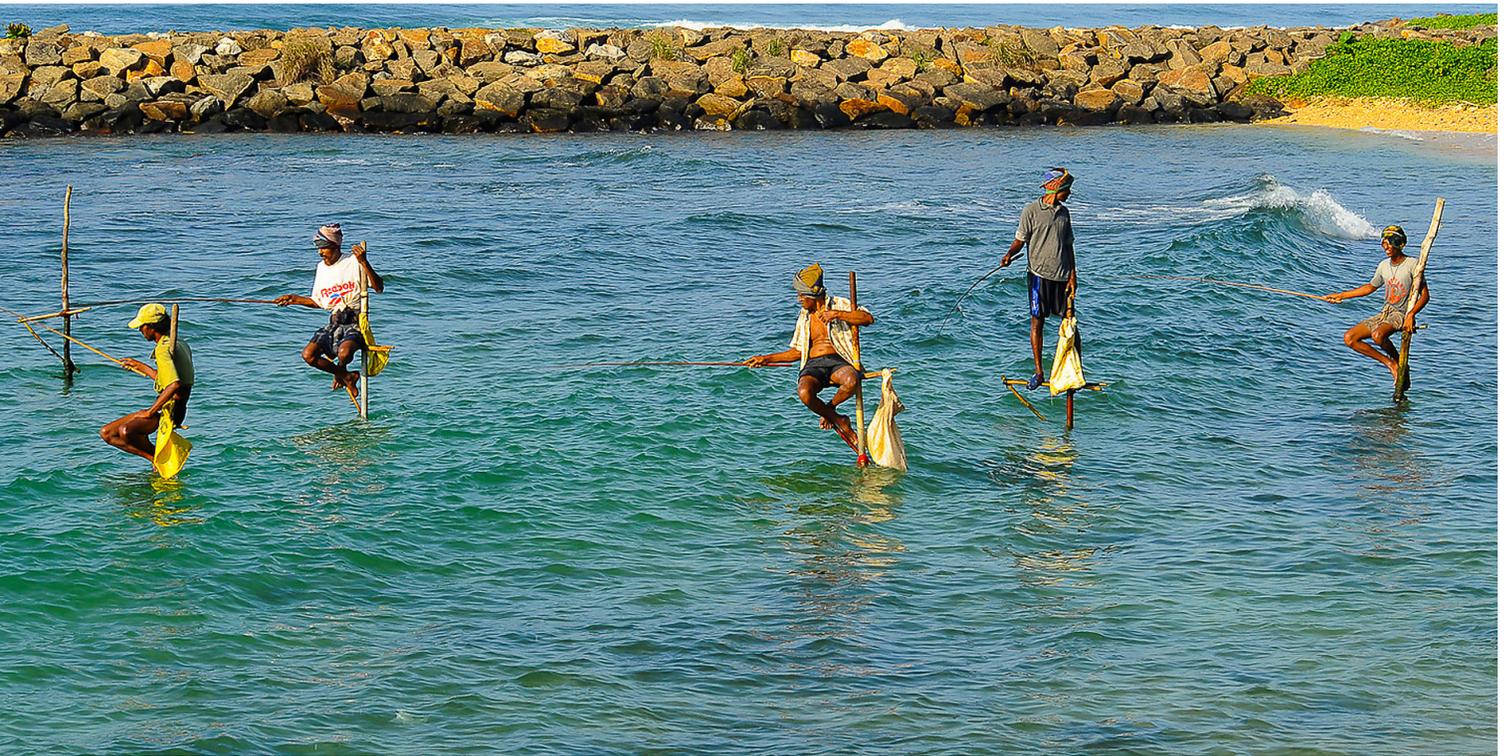
Your ship will then chart a course south to reach **Chennai**, formerly Madras. This will be the occasion to discover the ancient temple of Kapaleshwara, dedicated to Shiva and built in the 7th century AD, as well as Kanchipuram, one of the seven Indian holy cities, and Mamallapuram.

Le Lapérouse will then reach **Sri Lanka**. From **Trincomalee**, visit the **UNESCO World Heritage Sites** of historic city of Polonnaruwa, a fortified city from the 11th century, and the splendid golden Temple of Dambulla.

During your port of call in **Galle**, admire the fortifications of this old town, testimony to its Portuguese and Dutch heritage and a UNESCO World Heritage site.

From Cochin, a former royal town where the air is rich with the aroma of cardamom and cloves, you will have the opportunity to discover, aboard traditional boats, the fishing villages settled along the banks of the "backwaters", a network of lakes and canals that criss-cross the lush landscapes of Kerala.

Conclude your journey by disembarking in **Colombo**, the capital of Sri Lanka, located at the cross roads of the maritime trade routes between Europe and Asia.



The information in this document is valid as of 11/8/2020

Myanmar, India & Sri Lanka

YOUR STOPOVERS :

YANGON

Embarkation 7/12/2020 from 16h00 to 17h00

Departure 8/12/2020 at 00h00

Better known under its colonial name, Rangoon, the former capital of Myanmar was long nicknamed “the garden city of the East” and it remains the country’s administrative and economic capital. The city is lush and refreshing thanks to its luxuriant vegetation and its royal lakes. Having retained a colonial ambiance that contributes to its nostalgic charm, Yangon exudes a very special atmosphere. During your visit, do not miss the majestic Shwedagon Pagoda, the most sacred in Burma. Its dome is covered in gold and encrusted with over 2,500 precious stones. Nestling in the heart of a vast religious complex, it is surrounded by 72 other buildings. The purely Burmese architecture includes golden Buddhas and legendary Nats.

AT SEA

Arrival 9/12/2020

Departure 11/12/2020

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship’s upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

CHENNAI (EX MADRAS)

Arrival 12/12/2020 early morning

Departure 12/12/2020 evening

Called Madras in the days of the British East India Company, Chennai is now the economic capital of South India. Mingling intoxicating flavours, colours and rhythms, Chennai is also the cradle of the traditional Indian music and cuisine from the south. Don’t miss your chance to discover Mahabalipuram, a group of sanctuaries carved out of rock and thousands of statues from the 7th and 8th centuries, listed as a UNESCO World Heritage Site. Gigantic bas-reliefs such as the famous Descent of the Ganges, and temples, such as the magnificent Shore Temple, built out of granite on a promontory that juts out into the Bay of Bengal, celebrate the glory of Shiva in an artistic outpouring unlike any other.

AT SEA

Arrival 13/12/2020

Departure 13/12/2020

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

TRINCOMALEE

Arrival 14/12/2020 early morning

Departure 14/12/2020 evening

A large port city in the north-east of Sri Lanka, Trincomalee will be your gateway to two exceptional sites. The Golden Temple of Dambulla, a rock temple listed as a UNESCO World Heritage Site, is sure to fill you with wonder. Its Buddhist mural paintings, its caves and its famous statue of reclining Buddha heighten the beauty of this place that is like none other in the world, created over 2,000 years ago. The other cultural gem you will be able to discover: the Ancient City of Polonnaruwa. Also listed as UNESCO World Heritage, it is home to the vestiges of a fabulous garden-city from the 12th century. There, you will be able to admire the Gal Vihara, an exceptional site featuring four statues of Buddha carved out of rock.

AT SEA

Arrival 15/12/2020

Departure 15/12/2020

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

GALLE

Arrival 16/12/2020 early morning

Departure 16/12/2020 late afternoon

Discover Galle, one of Sri Lanka's oldest cities. Thanks to its commercial port, from which were exported spices and precious stones, Galle was once the country's most major city. Colonised by the Portuguese and later by the Dutch, today it still bears traces of this colonial past. When your ship calls here, have a wander around the old town and its fortifications, which are listed as UNESCO World Heritage. Built by the Portuguese at the end of the 16th century, they are perfectly preserved. To learn more about daily and rural life in Sri Lanka, do not miss the visit to the Martin Wickramasinghe Folk Art Museum in Koggala, not far from Galle.

AT SEA

Arrival 17/12/2020

Departure 17/12/2020

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted interlude, combining comfort, rest and entertainment.

COCHIN

Arrival 18/12/2020 early morning

Departure 18/12/2020 early evening

An important port in the South-West of India, Cochin (Kochi) is one of the most beautiful on the Malabar Coast where the scent of cardamom mingles with cloves. It was here that Vasco de Gama disembarked over 500 years ago. But how many Phoenicians, Greeks, Arabs and Romans dropped anchor before him in the turquoise waters of the Arabian Sea? So many nations, at a time when pepper from Malabar was almost as precious as gold, left these shores laden with precious spices. Today, the city, a surprising metropolis with multiple identities, has a rich cultural and natural heritage combining former colonial residences, ancestral fishing methods and charming landscapes in the backwaters.

AT SEA

Arrival 19/12/2020

Departure 19/12/2020

During your day at sea, make the most of the many services and activities on board. Treat yourself to a moment of relaxation in the spa or stay in shape in the fitness centre. Depending on the season, let yourself be tempted by the swimming pool or a spot of sunbathing. This day without a port of call will also be an opportunity to enjoy the conferences or shows proposed on board, to do some shopping in the boutique or to meet the PONANT photographers in their dedicated space. As for lovers of the open sea, they will be able to visit the ship's upper deck to admire the spectacle of the waves and perhaps be lucky enough to observe marine species. A truly enchanted

interlude, combining comfort, rest and entertainment.

COLOMBO

Arrival 20/12/2020 early morning

Disembarkation 20/12/2020 at 07h00

A former trading post along the Silk Route, the old quarter of Colombo offers you the fabulous sight of its picturesque streets. The city was known to Arab, Persian and Chinese traders as early as the 8th century and this former village, nestled between two dunes, was a trading post on the mythical Spice Route. Today the economic capital of Sri Lanka, the city offers picture-postcard scenery with its beaches stretching languorously along the south-western coast of the country. Here the sand dazzles you and the sea invites you to dream...